

Modalities Covered by IPHM

IPHM recognises and supports a wide range of holistic, wellbeing and therapeutic modalities. Below is an alphabetical list of disciplines, therapies and practices currently covered by our accreditation. This resource helps practitioners, training providers and clients understand the diversity of skills and qualifications represented within our community.

This list currently includes 1095 recognised modalities and is reviewed and updated on an ongoing basis.

A

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|---|--|
| * Abe Healing | * Animal Healing |
| * Access Bars® | * Animal Osteopathy |
| * Access Consciousness® | * Animal Therapy |
| * Access Consciousness Bars | * Antenatal Classes |
| * Access Energetic Facelift™ | * Anthroposophy (spiritual philosophy) |
| * Accreditation Agency | * Anya Healing |
| * Acid Peel | * Appreciative Inquiry |
| * Acrylic Nails | * Aqua Detox Therapy |
| * Acting Tutor | * Arbitrator |
| * Active Release Technique | * Archetypal Alchemy |
| * AcuEnergetics® | * AromaBliss Technique |
| * Acupressure | * Aromatherapy |
| * Acupuncture | * Aromatherapy Facial |
| * Acutonics® | * Aromatherapy for Animals |
| * Adjudicator | * Aromatherapy Massage |
| * Advanced Child and Brain Development Nutritional Advisor™ | * Aromatic Kinesiology |
| * Advanced Clinical Weight Loss Practitioner™ | * AromaTouch® Technique |
| * Advanced Dietary Supplements Advisor™ | * Art Facilitator (Art Therapy title not eligible for UK therapists) |
| * Advanced Fertility Nutritional Advisor™ | * Art in Health |
| * Advanced Gut Restoration Nutritional Advisor™ | * Artnosis Therapy |
| * Advanced Skincare and Repair Nutrition Specialist™ | * Art Therapy |
| * Advanced Sound-Wave Energy | * Art Tutor |
| * Advanced Sports and Exercise Nutritional Advisor™ | * Ascension Alignment Therapy |
| * Advanced Stress Management Advisor™ | * Ashati® |
| * Aesthetics | * Ashiatsu |
| * Aetheric Healing™ | * Asian-Bio-Energy Therapy |
| * African Healing Arts | * Assertiveness Training for Work |
| * Aka Lani | * Aston Patterning |
| * Akashic Records | * Astrology |

- * Alcohol Sobriety Coaching
- * Alexander Technique
- * Alignment Modality©
- * Allergy Testing
- * Allergy Therapy
- * Alpha RePatterning®
- * Anatomy and Physiology
- * Angel Card Reading
- * Angelic Reiki®
- * Angel Therapy
- * AngelTherapy®
- * Angel Work
- * Animal Assisted Learning (AAL)
- * Animal Assisted Psychotherapy (AAP)
- * Animal Assisted Therapy
- * Animal Communication
- * Animal Dreaming

- * Astro-Therapy
- * Atlantean Healing
- * Auditory Integration Training
- * Aura Healing
- * Aura Imaging Photography
- * AURA-SOMA
- * Auricular Acupuncture
- * Auriculartherapy
- * Auriculo Therapy
- * Aurora Therapies
- * Ayurveda
- * Ayurveda Shirodhara
- * Ayurvedic Hand and Arm Massage
- * Ayurvedic Kansa Wand Facelift Massage
- * Ayurvedic Lifestyle Consultant
- * Ayurvedic Massage
- * Ayurvedic Yoga Massage

B

- * Baby/Infant Massage
- * Baby Massage
- * Baby Reflex
- * Baby Reflexology
- * Baby Sign Language
- * Baby Yoga
- * Bach® Flower Remedies
- * Back Massage
- * Balinese Massage
- * Bamboo Massage
- * Bare Foot Therapies
- * Barre
- * Bates Method
- * Bates Method of Vision Improvement
- * Beauty Facial
- * Beauty Therapy
- * Be Embodied
- * Behaviour Therapy
- * Belly Dancing
- * Belvaspata Healing
- * Beyond Quantum Healing (BQH)
- * Bi-Aura Therapy

- * Bleaching
- * Blood Analysis
- * Bnwyfre
- * Board Certified Assistant Behaviour Analyst (BCaBA)
- * Board Certified Behaviour Analyst (BCBA, BCBA-D)
- * Body Candling
- * Body Conditioning / Swiss Ball
- * Body Confidence and Wellbeing Coach
- * BodyConnect Healing
- * Bodyflow Energetics
- * Body Harmony®
- * Body Love Coach
- * Bodymind Reading
- * Body Oriented Coaching and Mentoring
- * Body Painting
- * Body Scrub
- * Body Slimming / Spa Treatments
- * Body Stress Release
- * Body Talk
- * BodyTalk System
- * Body Wrap
- * Bones For Life®

- * Biochemic Tissue Salts
- * Biodanza
- * Bio Detox Therapy
- * Biodynamic Massage
- * Bioelectric Meridian Massage Therapy
- * Bioenergetic Restoration Therapy (previously Integrated Life Process)
- * Bio Energetic Synchronization Technique (BEST)
- * Bio Energetic Synchronization Technique for animals (BEST for animals)
- * BioEnergy Therapy
- * Biofeedback
- * BioMagnetic Healing
- * Bio-Magnetic Therapy
- * Biomagnetism
- * Bio Optimise®
- * Bio Optimise® Approach
- * Biopsychoanalysis™
- * Bioptron Light Therapy
- * Bioresonance Therapy
- * Biorhythms
- * Bio Stress Release
- * Birth ROCKS®
- * Bowen Technique
- * Bowen Therapy
- * Bowen Therapy on Small Animals
- * Brain Gym®
- * Brain Rewiring Coach (Eye-motional Processes™)
- * Brainspotting®
- * BrainWorking Recursive Therapy (BWRT)
- * Breastfeeding Counselling
- * Breastfeeding Counsellor
- * Breathwork
- * Breathwork Mindfulness
- * Brennan Healing
- * Buccal Massage
- * Business and Management Auditing
- * Business Coach
- * Business Coaching
- * Business Consultant
- * Business Development Consultant
- * Buteyko Breathing
- * Buteyko Breathing Technique (BBT)

C

- * Cacao Ceremony
- * Calmer Stories Instructor
- * Calmologist
- * Canine Massage
- * Canine Myofunctional Therapy
- * Canine Raindrop Technique
- * Canine Touch
- * Career Coaching
- * Cat and Canine Muscle Release Therapy (CCMRT)
- * Celebrants
- * Celebration Day for Girls Facilitator
- * CellRelease®
- * Certified Jamu Innate Postpartum Care Practitioner
- * Chair Yoga
- * Chakra Balancing
- * Chakradance™
- * Chakradance Kids™ (previously known as Inamojo™)
- * Colour Breathing
- * Colour Reflexology
- * Colour Therapy
- * Colourworks
- * Community Development Worker
- * Compassionate Inquiry®
- * Complex Trauma Practitioner
- * Conciliation/Mediation
- * Connected Kids
- * Conscious Coding®
- * Conscious Movement Healing
- * Consciousness Coaching™
- * Conscious Parenting
- * Conscious Uncoupling Coaching
- * Construction Adjudicator
- * Control Practitioner
- * Cooking Demo

- * Channelling
- * Chartered Occupational Psychologist
- * Chavutti Thirumal
- * Chemical Peels
- * ChiBall™
- * Chi Kung
- * Childbirth Education
- * Child Centre Method – Learning and Behaviour Program®
- * Childosophy™
- * Children's Relaxation – Growing Gurus
- * Chi Nei Tsang
- * Chinese Acupressure
- * Chinese Herbal Medicine
- * Chrysalis Effect Certified Practitioner
- * Circle Facilitator
- * Circle of Security®
- * Clairvoyance
- * Clinical Camouflage Make-up
- * Clinical Hypnosis
- * Clinical Hypnotherapy
- * Clinical Laser Therapy (non-thermal)
- * Coaching – Life and Executive
- * Coach Supervisor
- * Coach Trainer or Tutor
- * Cognitive Behavioural Therapy
- * Cognitive Behavioural Therapy (CBT)
- * Cold Stone Massage
- * Cold Water Immersion Therapy
- * Cold Water Therapy
- * Collagen Facial
- * Colon Hydrotherapy / Irrigation
- * Copy-editing or Proofreading
- * Coral Essences
- * Core Energetics
- * Corrective Exercises
- * Counselling
- * Counselling Coach
- * Counselling – Supervision
- * Courtroom Coaching
- * CPT Complex Physical Therapy/Complex Lymphatic Therapy
- * Cranial Relaxation Technique
- * Cranio-Sacral Therapy
- * Craniosacral Therapy
- * Craniosacral Visceral Therapy
- * Creative Journaling
- * CREATRIX® Transformology®
- * Cross-Cultural or Intercultural Training
- * Cryotherapy (Cryopen)
- * Crystal Dreaming®
- * Crystal Healing
- * Crystal Light Healing®
- * Crystal Massage
- * Crystal Reading
- * Crystal Readings
- * Crystal Remote Viewing
- * Crystal Sound Therapy
- * CTC – Combined Therapy Cocktail™
- * Cuddle Therapy
- * Culinary Medicine Coaching
- * Culture Change Training
- * Cupping
- * Cupping (dry)

D

- * Dance Movement Therapy
- * Dance Teacher
- * Dance Therapy
- * Dancing For Birth™
- * Daoyin Tao
- * Death Doula
- * De-Cluttering Practitioner
- * Diversity & Dignity at Work Awareness Training
- * Divine Dragon Energy Healing™
- * Divine Essence Crystal Healing
- * Divine Lightworker
- * Divorce Consultant
- * Dog Behaviourist / Trainer
- * Dog Training

- * De-Cluttering Practitioner (APDO-UK Member)
- * Declutter Therapy
- * Deeksha Healing / Oneness Blessing
- * Deep Sea Mud Treatment
- * Deep Tissue Massage
- * Demartini Method®
- * Dementia Care Training
- * Dementia Live Training
- * Depression at Work Awareness Training
- * Dermal Roller
- * Dermaplaning
- * Detox Specialist
- * Devahiti
- * Diamond Light Healing Activations©
- * Dorn Therapy
- * Doula – Birth and Postnatal
- * Dowsing
- * Dowsing (Energy Healing only)
- * Dragon Reiki
- * Drama / Movement Workshops
- * Drama Therapy
- * Dramatherapy
- * Dream Therapy
- * Drug and Alcohol Counselling
- * Dry Brushing
- * Dry Needling
- * Dynamic Listening Systems

E

- * Ear Candling
- * Ear Piercing
- * Ear Seeding
- * ECLIPSE Coach
- * Eco Art-Therapy
- * Ecotherapy
- * Eden Energy Medicine
- * Educational Coaching and Tuition
- * Educational Consultant
- * Eginton Alignment: Somatic Movement Education and Therapy
- * Egyptian Emotional Clearing Technique
- * Electro-Acupuncture
- * Electrology (shortwave, diathermy and blend)
- * Electrolysis
- * Electrotherapy
- * Embodied Processing
- * EMF Balancing Technique®
- * Emmett Technique
- * Emmett Technique on Animals
- * Emotional Anatomy
- * Emotional Freedom Technique
- * Emotional Freedom Techniques (EFT)
- * Emotional Freedom Therapy
- * Emotional Release Meditation
- * Emotion Focused Therapy (EFT)
- * Equine Facilitated Learning – EFL
- * Equine Herbal Medicine
- * Equine Kinesiology
- * Equine Meditation
- * Equine Muscle Release Therapy™ EMRT™
- * Equine Musculoskeletal Unwinding
- * Equine Myofascial Therapy
- * Equine Myofunctional Therapy
- * Equine Naturopathy
- * Equine Nutrition
- * Equine Photonic Therapy
- * Equine Positional Release
- * Equine Raindrop Technique (ERT)
- * Equine Reiki
- * Equine Remedial Myotherapy
- * Equine Salt Therapy
- * Equine Shiatsu
- * Equine Sports Massage
- * Equus Muscle Management
- * Ergonomics
- * Esalen Massage
- * Essence of Angels®
- * Eurythmy Therapy
- * Executive Associate (accredited by the IIB)
- * Exercise Advice (as part of overall treatment)

- * Emo Trance
- * Empulse Electromagnetic Therapy
- * ENAR Therapy
- * Encounter Groups
- * Energetic Alchemy Integration Method
- * Energy Alignment Method
- * Energy Balance Massage
- * Energy Coaching
- * Energy Cone Technique (ECT)
- * Energy Healing
- * Energy Psychology
- * Equine Assisted Psychotherapy (EAP)
- * Equine Assisted Therapy
- * Equine Bowen Therapy
- * Equine CranioSacral Therapy

- * Exercise and Sport Science
- * Exercise Physiology
- * Extended DISC System
- * External Quality Assurance
- * Eyebrow Lamination
- * Eyebrow Perfection
- * Eyebrows
- * Eyebrow Tinting
- * Eyelash and Eyebrow Treatments & Extensions
- * Eyelash Extensions
- * Eyelash Perming
- * Eyelash Tinting
- * Eye Movement Desensitisation and Reprocessing (EMDR)
- * Eye Movement Desensitization & Reprocessing (EMDR)

F

- * Face Painting
- * Face Reading
- * Face Readings
- * Facial Emotional Therapy
- * Facial Hair Removal – Threading
- * Facial Hair Removal – Tweezing
- * Facial Harmony
- * Facial Massage
- * Facials
- * Facilitator
- * Faith Healing
- * Far Infrared Biomat Therapy
- * Far-Infrared Detoxification
- * Far Infrared Magnesium Wrap
- * Far Infrared Mineral Clay Detox Wrap
- * Far Infrared Mineral Weight Loss Wrap
- * Fascial Maneuvers Coaching
- * Feldenkrais Method®
- * Feminine Embodiment Arts
- * Feminine Embodiment Coaching
- * Feng Shui

- * Fertile Body Method
- * First Aid at Work Training
- * First Aid Facilitator
- * First Aid Training
- * First Moon Circle Facilitator
- * Fitness Instruction
- * Floatation Tank Therapy
- * Flower Essence Therapy
- * Flower Remedies
- * Focusing
- * Food Allergies and Intolerances Nutritional Advisor
- * Foot and Hand Care
- * Foot Health Practitioner
- * Foot Massage
- * Forensic Healing
- * Forest Therapy
- * Frequency Specific Microcurrents FSM
- * Functional Baby Reflux Support
- * Functional Diagnostic Nutrition (FDN)
- * Functional Medicine
- * Future Life Progression

G

- * Gel Nails
- * Gem Remedies
- * Gene Keys®
- * Gentle Release Therapy
- * Geopathic Stress
- * Gestalt
- * Gestalt Therapy
- * Gitananda Yoga
- * Gong Therapies

- * Grief Counselling
- * Group Voice Therapy
- * Guardian ad Litem
- * Gua Sha
- * Guided Self Healing
- * Gut Directed Hypnosis
- * Gut Health Educator
- * GW Facial Therapy

H

- * Hahnemann Healing
- * Hairdressing
- * Hair Extensions
- * Hakomi
- * Halo Therapy
- * Happiness Cure
- * Hatha Yoga
- * Havening – Amygdala Depotentiation Technique (ADT)
- * Havening Techniques®
- * Healing Codes
- * Healing Dowsing
- * Healing Touch
- * Health and Nutrition Coaching
- * Health Coaching
- * Health Coach – Integrative Nutrition
- * Health Kinesiology
- * Health & Lifestyle Trainer
- * Heal Your Life
- * Hearing Coaching
- * Hearing Therapy
- * HeartEnergetix (previously MindEnergetix and Hypnoenergetics)
- * HeartMath®
- * Heart Resonance Therapy
- * HeartSpeak
- * Helix Healing
- * Hellerwork®
- * Herbalism
- * Herbalism / Herbal Medicine
- * Herbal Medicine for Companion Pets

- * Holistic Counselling Skills for Meditation Teachers
- * Holistic Empowerment Coaching
- * Holistic Equine Release
- * Holistic Health Coach
- * Holistic Integrated Creative Arts Therapy (HICAT)
- * Holistic Life Coach & Mind-Body Practitioner
- * Holistic Massage
- * Holistic Pelvic Care™
- * Holistic Psychotherapy
- * Holistic Somatic Healing®
- * Holographic Repatterning
- * Holographic Repatterning / Resonance Repatterning
- * Homeopathy
- * Home Staging
- * Homotoxicology
- * Ho'oponopono
- * Hopi Ear Candling
- * Horticulture Therapy
- * Hot and Cold Stone Massage
- * Hot & Cold Stone Massage
- * Hot Crystal Bodywork Therapy
- * Hot Stone Massage
- * Hot Stone Mineral Therapy
- * Hot Yoga
- * Human Design
- * Human Resources Consultancy
- * Hydrotherapy
- * Hyperbaric Oxygen Therapy
- * Hyperton-X Kinesiology

- * High Frequency Current
- * Hijama Cupping
- * Hijama Cupping Therapy
- * Holistic Counselling

- * HypnoBirthing
- * Hypnofertility®
- * Hypnotherapy

I

- * I-Ching Readings
- * Ignite Your Spirit
- * IICT Support
- * Image Consultant
- * Indian Head Massage
- * Infant and Child Sleep Consultant
- * Infrared Body Wrap
- * Infrared Sauna Therapy
- * Inner Child Therapy
- * Inner Gift Resourcing (IGR)
- * Integral Energetics (IE)
- * Integrated EFT Past Life Practitioner
- * Integrated Energy Techniques
- * Integrated Energy Therapy®
- * Integrated Healing
- * Integrated Listening Systems
- * Integrated Self Empowerment Therapy (ISET)

- * Integrated Therapeutic Alignment Energy Medicine
- * Integration Coach
- * Integrative Art Therapy
- * Integrative Health Practitioner
- * Intense Pulsed Light IPL
- * Interior Design
- * Introduction Agency
- * Introspective Hypnosis
- * Intuitive Artwork
- * Intuitive Body Intelligence
- * Intuitive Counselling
- * Intuitive Dynamix®
- * Intuitive Intelligence Method
- * Intuitive Massage
- * Iridology
- * IT Instruction and Confidence Building

J

- * Japanese Cosmo Face Lifting Sorensensistem™
- * Japanese Head Massage
- * Japanese Massage

- * Japanese Needle Therapy
- * Journey into Wellness

K

- * Kahuna Bodywork
- * Kahuna Massage
- * Kalari Foot Massage
- * Kalari (therapeutic only/ no martial arts)
- * Karuna Reiki®
- * Key Equine Therapy
- * Kids Yoga
- * Ki Massage

- * Kinergetics RESET® Kinesiology
- * Kinesiology
- * Kōrero MiriMiri
- * Kriya Yoga
- * Kundalini Massage
- * Kundalini Yoga
- * Ku Nye (Tibetan) Head Massage
- * KunYin®

L

- * Lactation Consulting
- * Laser Treatment

- * Life Between Lives Therapy
- * Life Coaching

- * Lash & Brow Technician
- * LaStone Therapy
- * Laughter Therapy
- * Laughter Wellness
- * Laughter Yoga
- * Lava/Glacial Shell Massage
- * Lava Shells Massage
- * Leadership Training
- * Leech Therapy
- * Life and Executive Coaching

- * Life Coaching & NLP
- * Lifestyle Prescriptions Health Coaching
- * Lightrition™
- * Light Therapy
- * Listening Skills for Therapists
- * Lomi Lomi Massage
- * Low Level Laser Therapy (Cold Laser Therapy)
- * Lymphatic Drainage Massage
- * Lymph Drainage Massage

M

- * Magnetic Crystal Sound Healing
- * Magnetic Therapy
- * Makeup
- * Management Consultancy / Consultant
- * Management – Setting up & Running a Small Business
- * Management Training – Various Topics
- * Manicure & Pedicure
- * Manicures & Pedicures
- * Manifestation Coaching
- * Manipulative Therapy
- * Manual Lymphatic Drainage
- * Marketing Consultant
- * Market Research Consultant
- * Marma Point Therapy
- * Mary Network Healing
- * Masculine and Feminine Coaching™
- * Massage
- * Masterson Method® (Integrated Equine Performance Bodywork)
- * Maternity and Fertility Reflexology
- * Matrix Energetics / Reimprinting
- * Matrix Reimprinting using EFT
- * Matrix Therapies™
- * Meal and Menu Planning
- * Mediation
- * Mediation, Arbitration or Adjudication
- * Medical Intuition
- * Medicine Wheel Bodywork

- * Meridian Psychotherapy
- * Metabolic Effect Fitness
- * Meta-Medicine
- * Meta-Medicine (Meta-Health)
- * Metamorphic Technique®
- * Metaphysical Practitioner
- * Metaphysical Practitioner (Metaphysics)
- * Metapsychology Coaching™ – Metaphysical Anatomy Technique (MAT)
- * Metatronia Massage™
- * Metatronia Therapy®
- * Mickel Therapy
- * Microcurrent Treatment
- * Microdermabrasion
- * Microneedling
- * Mind Body Medicine
- * Mind-Body Practitioner
- * MindBody Syndrome (TMS) Practitioner
- * Mind Body Therapy
- * Mindfulness
- * Mindfulness-based approaches
- * Mindfulness Based Stress Reduction (MBSR)
- * Mindfulness Meditation
- * Mindset Coaching (Previously known as Results Coaching)
- * Mirimiri
- * Mizan Therapy
- * Mobiliser
- * Moving Fascia®

- * Meditation
- * Meditation Guidance
- * Mediumship
- * Mediumship / Channeling
- * Meet Yourself Energy Healing (MYE Healing)
- * Meet Yourself Immunity (MYI)
- * Meet Yourself Meditation
- * Meet Yourself Meditation (for children)
- * Meet Yourself Meditation (for parents)
- * Meet Yourself Protection
- * Meet Yourself Therapy
- * Menopause Wellness
- * Menstrual Cycle Coaching
- * Mental Health
- * Mentoring
- * Meridian Energy Therapy
- * Moxibustion
- * MSTR® McLoughlin Scar Tissue Release Technique®
- * M Technique
- * Mud treatment
- * Multi Dimensional Soul Healing
- * Multiple Brain Integration Techniques mBIT
- * Muscle Energy Technique
- * Muscle Testing
- * Music Therapy
- * Myers Briggs
- * Myofascial Dry Needling
- * Myofascial Release and Trigger Point Massage
- * Myofascial Release Therapy
- * Myopractic Techniques
- * Myotherapy – excluding Dry Needling
- * Myotherapy – including Dry Needling

N

- * Nail Technician
- * Nambudripads Allergy Elimination Technique (NAET)
- * Natural Contraception and Fertility Awareness Educator
- * Natural Health Consultant
- * Natural Quantum Healing (NQH)
- * Natural Therapy Consultant
- * Nature Based Therapy
- * Naturopathy
- * NES Assessment & Treatment (BioEnergetiX WellNES System)
- * Networking Leader
- * Neuro-K Specialised Kinesiology
- * Neuro Life Coach
- * Neuro-Linguistic Kinesiology
- * Neuro Linguistic Programming (NLP)
- * Neuro Linguistic Programming / Training
- * Neuro-Muscular Dynamic Integrated Health (NDIH) and Neuro-Muscular Dynamic Integrated Learning (NDIL)
- * NeurOptimal®
- * Neuro Relationship Technique (NRT)
- * Neurostructural Integration Technique
- * Neutral Space Relaxation
- * NIA Technique
- * Nitaai Breathing
- * NLP Coaching
- * NLP in Marketing
- * NLP in Sales
- * Nonviolent Communication
- * Numerology
- * Nutri-Energetics
- * Nutrienergetics
- * Nutrition
- * Nutritional Consultant
- * Nutritional Therapy
- * Nutrition for Cats and Dogs

O

- * OH Cards
- * Organising Business Activities

- * OldPain2Go®
- * Oncology Massage
- * Oneness Blessing
- * Oracle Card Reading
- * Ordained Minister
- * Oriental Face Massage / Hand Massage
- * Oriental Massage
- * OriginalMe
- * Osteopathy
- * Oxygen Treatment

P

- * Palmistry
- * Paraffin Treatment
- * Paranormal Practitioner
- * Parapsychology
- * Parenting Classes
- * Passion and Purpose Coaching™
- * Past Life Regression Therapy
- * Path of Love
- * Peaceful Kids
- * Peak States Therapy
- * Pellowah Healing Technique
- * Pendulum
- * Pendulum Dowsing
- * Persona Archetype Coach
- * Personal Development / Safety Training
- * Personal Training
- * Pet Sitting and Dog Walking
- * Photography
- * Photonic Therapy
- * Photonic Therapy on Small Animals
- * Phototherapy
- * Physical Mediumship
- * Pilates
- * Placenta Encapsulation
- * Plant Spirit Medicine
- * Play Therapy
- * PNF
- * Polarity Therapy
- * Positive Psychology
- * Postpartum Education And Care Professional
- * Postural Integration®
- * Pranic Healing
- * Pre and Post Natal Massage
- * Pregnancy in Motion
- * Pregnancy Massage
- * Pregnancy / Postpartum Massage
- * Prenatal/Postnatal Yoga
- * Pre & Post Natal Exercise
- * Priestess of Rhiannon
- * Primal Integration Therapy
- * Primal Therapy
- * Professional Organiser – APDO Member
- * Psychic
- * Psychic Readings / Surgery
- * PSYCH-K®
- * Psychobiology / Psychology / Psychosynthesis / Psychotherapist
- * Psychometry
- * Psychotherapy
- * Pure Wonder

Q

- * Qi Beauty Anti-Age Facial
- * Qi Gong
- * Qoya
- * Quadeucous®
- * Quantum Coaching
- * Quantum Energy Coaching
- * Quantum Healing Hypnosis Technique (QHHT)®
- * Quantum Holographic Echo Healing
- * Quantum Thinking Technologies
- * Quantum-Touch

R

- * Radical Forgiveness
- * Radionics
- * Rahanni Celestial Healing
- * Rainbow Children™
- * Rainbow Motion™
- * Raindrop Technique
- * Rapid Results Consultant
- * Rapid Transformational Therapy®
- * Rational Emotive Behavior Therapy (REBT)
- * Raw Food Consultant
- * Raynor Massage
- * Reality Therapy
- * Rebirthing
- * Rebozo Massage
- * Reconnective Healing
- * Reconnective Healing / The Reconnection®
- * Red Tent Circle Facilitator
- * Reference Point Therapy
- * Reference Point Therapy (RPT)
- * Reflective Repatterning
- * Reflexology
- * Reflexology Massage
- * Regression Therapy
- * Reiki
- * Reiki II
- * Reiki III (Master)
- * Reiki on Animals
- * Rekindled Ancient Wisdom (RAW)
- * Relationship Consultant
- * Relationship Counsellor
- * Relaxation Massage
- * Relaxation Therapy
- * Remedial Massage
- * Remote Viewing
- * Report Preparation
- * Researcher
- * RESET TMJ®
- * Resource Therapy
- * Restoration
- * Reverse Therapy
- * ReWilding™ for Women
- * Rewind Technique/V-K Dissociation
- * Rhythmic Movement Training International (RMTi)
- * Roling®
- * Romiromi
- * Root Cause Method
- * Root-Cause Therapy™
- * Rosen Method
- * Rose Practitioner
- * Runes

S

- * Sacred Cacao Journey Facilitator
- * Sacred Mama Circles® Facilitator
- * Sacred Sexuality Coach
- * Sacred Womb Awakening
- * Sandplay Therapy
- * Sandtray Therapy
- * Saraswati Healing™
- * Scar Healing
- * Scenar Therapy
- * School Inspector
- * Sclerology
- * Seated Acupressure
- * Seated Chair Massage
- * Seated Massage
- * Secretarial / Admin or PA
- * Soul-Centered Counselling
- * Soul Coaching®
- * SouLife® Psychology
- * SoulNar Sound Healing Energy Therapy
- * Soul Plan Reading / Signatures
- * Soul Purpose Facilitation
- * Soul Regression Therapy®
- * SoulTalk
- * Soul Voice® Method
- * Sound Healing
- * Sound Therapy
- * Source Healing Technique
- * Space Clearing (Building, Property and Land)
- * Specialised Kinesiology
- * Special Needs Yoga

- * Secret Shopper
- * Sedona Method
- * Seichim Healing
- * Seichim / Sekhem
- * Self Directed Healing (SDH)
- * Self Enquiry Practitioner
- * Self-Love Therapy
- * Self Mastery Techniques
- * Self Pleasure Modality
- * Sensory Movement & Play
- * Sex and Intimacy Consultant
- * Sexological Bodywork
- * Shaking Medicine
- * Shakti Yoga
- * Shakti Yoga Dance
- * Shamanic Bodywork
- * Shamanic Healing / Reiki
- * Shamanic Studies
- * Shamanic Womancraft
- * Shamanism / Shamanic Healing
- * Shell Essences
- * Shen Therapy
- * Shiatsu
- * SIMPLE Movement Programme
- * SimplyALIGN™
- * Singing / Vocal Instruction
- * Sleep Coach / Consultant
- * Sleep Consultant
- * Sling Consultant / Babywearing Consultant
- * Smoking Cessation Therapy
- * Sobriety / Sober Coaching
- * Somalign™ Bowen Therapy Diploma
- * Somatic Bioenergetics (Tantra Massage)
- * Somatic Education
- * Somatic Embodied Coaching
- * Somatic Experiencing®
- * Somatic Experiencing / Therapy
- * Somatic Kink
- * Somatic Therapy
- * Sophrology
- * Soul Blueprint Coach®
- * Speech and Language Therapy
- * Spinal Energetics
- * Spinal Flow® Breathwork
- * Spinal Flow® Coach
- * Spinal Flow® Technique
- * Spinal Touch
- * Spinology
- * Spirit Releasement Therapy
- * Spiritual Accompaniment / Healing
- * Spiritual Counselling
- * Spiritual Directorship
- * Spiritual Healing
- * Spiritual Integrative Practice™
- * Spiritual Intelligence Training
- * Spiritually You – Orb Genetics™
- * Spiritual Mentorship
- * Spiritual Profile Consulting
- * Spiritual Profiling
- * Sport and Exercise Nutrition
- * Sport Massage / Sports Injury Therapists
- * Sports Coaching
- * Sports Injury Therapy
- * Sports Massage
- * Sports Therapy
- * Sports Training
- * Spray Tanning
- * Steam Sauna Therapy
- * Stiper Therapy
- * Storydance
- * Strength and Conditioning Coaching
- * Stress Counselling
- * Stress Counselling / Management / Massage
- * Stress Management
- * Structural Kinesiology Acupressure Release Technique (SKART)
- * Sugaring
- * Sugaring Hair Removal
- * Surge of Chi Exerciser
- * Sweat Lodge Ceremony
- * Swedish Massage
- * Sympathetic Reset
- * Synergistic Kinesiology

T

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| * Tai Chi | * The Richards Trauma Process (TRTP) [™] |
| * Tai Chi for Diabetes | * Thermal Palms |
| * Talent Management | * Thermo-Auricular Therapy |
| * Tanning | * The Sacred Subconscious Technique [™] |
| * Tantra Practitioner / No Sexual Contact | * The Self Holding Method [™] |
| * Tapas Acupressure Technique | * The SleepTalk Process |
| * Tapas Acupressure Technique [®] (TAT) | * The Spiral [™] |
| * Tarot Card Reading | * Theta DNA Healing |
| * Tatty Bumpkin | * ThetaHealing [®] |
| * Tea Ceremony Facilitator | * The Trust Technique [®] |
| * Teaching Acting | * Thought Field Therapy |
| * Team Building Exercises | * Thought Field Therapy [™] (TFT) |
| * Techniques for TMJ Dysfunction | * Threading |
| * Teenage Relaxation and Wellbeing – Growing Gurus | * Thrivecraft |
| * Tesla Metamorphosis [®] | * Thrive Factor Archetype Coaching |
| * Thai Foot / Hot Herb / Yoga Massage | * Tibetan Acupressure – Compassionate Touch (TACT) |
| * Thai Foot Massage | * Tibetan Singing Bowl Therapy |
| * Thai Hand Massage | * Time Based Technique (TBT) |
| * Thai Hot Herb Massage | * Timeline Reset |
| * Thai Massage / Thai Yoga Massage | * Time Line Therapy [®] |
| * The Arvigo Techniques of Maya Abdominal Therapy | * Tinnitus Coaching |
| * The Balance Procedure | * Tissue Salt therapy |
| * The Body Code [™] | * T-Journey |
| * The Danielle Collins Face Yoga Method | * Toddler/Pre-School Yoga Instructor |
| * The Emotion Code [®] | * Tomatis [®] Method |
| * The Emotion Code / Journey | * Touch for Health [™] |
| * The Emotion Memory Pattern Release (EMPR) Method | * Traditional Chinese Medicine |
| * The Empowered Tapping [™] | * Trager |
| * The Equine Touch [™] | * Trager Approach |
| * The Fembodiment [™] Method | * Train the Trainer |
| * The Feminine Frequency Formula [™] (previously the Parasympathetic Restoration Technique) | * Transactional Analysis |
| * The Footprint Connection [™] Reflexology | * Transdermal Magnesium Therapy |
| * The Golden Ray Initiations [™] | * Transpersonal Counselling |
| * The Hummingbird Method | * Transpersonal Crystal Healing [®] |
| * The Journey Method [®] (Brandon Bays) | * Transpersonal Psychodynamics & Integrated Spirituality |

- * The Kuan Yin Transmission™
- * The Mace Energy Method
- * The Phil Parker Lightning Process® (LP)
- * The Pillar Code™
- * Therapeutic Massage
- * Therapeutic Supervision
- * Therapeutic Touch
- * Therapeutic Yoni Massage

- * Trauma Direction Therapy®
- * Trauma Release Exercises (TRE)®
- * Trigger Point Therapy
- * Tui Na Chinese Massage
- * Tuina Massage
- * Tummy Time Instructor
- * Tuning Fork
- * Tutor

U

- * UK Paranormal Practitioner
- * Ultrasound Cavitation
- * Universal Divine Flow Energy Healing

V

- * Vacuum Suction
- * Vega Testing Allergy Testing
- * Vegetarian and Vegan Consultant
- * Vibralite
- * Vibrational Essences
- * Vibrational Kinesiology
- * Vibrational Medicine
- * Vibrillian
- * Vichy Shower
- * Violet Flame Healing
- * Virbomuscular Harmonization Technique
- * Visualisation
- * Vitamin Therapy
- * Voice Dialogue
- * Voice Dialogue / Tutor, Training and Teaching

W

- * Warm Bamboo Massage
- * Water's Touch
- * Wax Hair Removal
- * Waxing
- * Wayapa Wuurrk®
- * Way of the Luminous Heart
- * WEBB Bodywork for Pets
- * WEBB Energywork for Animals
- * Weight Loss Consultant
- * Weight Management
- * Wellbeing Coaching & Management
- * Wellness Coaching
- * Wellness Medicine
- * Wellness-Spa Practitioner™
- * Wellpoint Hypnosis Method
- * Whim Hoff
- * Whole Body Massage
- * Whole Food Therapy
- * Whole Hearted Healing
- * Whole Woman®
- * Wim Hof Method®
- * Womb Awakening
- * Womb Bath
- * Womb & Fertility Massage Therapy™
- * Womb Hara Integrative Massage Therapy
- * Womb Healing
- * Women's Circle Facilitator
- * Women's Holistic Hormone Health
- * Writing Skills Training
- * Wu Tao

Y

- * Yin Yoga
- * Yoga Therapy

- * Yoga
- * Yoga for Trauma Release™
- * Yogalates

- * Yoga Training and Practitioners
- * Yoni Mapping Therapy
- * Yoni Steaming

Z

- * Zdenko Domancic Bioenergy Therapy
- * Zenith Omega
- * Zero Balancing®

- * Zoopharmacognosy
- * Zumba

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